# INDIVIDUAL COMBAT EQUIPMENT

U.S. Marines with Marine Rotational Force-Europe 19.2,

Marine Forces Europe and Africa. Exercise Sea Breeze 2019. Ukraine. 2019.





- Wear and Care of USMC New Pack
- Field Expedient Shelter
- Two Man tent



# LEARNING OBJECTIVES

Please Read Your

Terminal Learning Objectives

And

**Enabling Learning Objectives** 





# **FILBE**

- Family of Load Bearing
   Equipment this is a
   Modular Load-Bearing
   system designed to enhance
   the survivability and lethality
   of the modern Marine.
- The FILBE you will be issued in the fleet:



#### **USMC PACK**

- Is a modular system that can be configured into two different torso lengths.
- Has one large main pouch that can be closed to allow a sleeping system compartment



# PATROL PACK

- Is utilized to sustain an individual for 24-48 hour period
- Has MOLL-E for the attachment of external pouches
- Can buckle directly to top of Main Pack



# LOAD BEARING VEST

Sizeable Vest with
 MOLLE webbing used to
 configure ammunition
 pouches, grenade
 pouches, IFAK, and
 other items



# IMPROVED MODULAR TACTICAL VEST

- A scalable vest that offers protection to the front, back, flanks, with the insertion of ESAPI plates
- Has MOLLE webbing to configure gear



# LIGHTWEIGHT HELMET W/ COVER

- Improved fit helmet with more comfortable pads as well as new chin strap
- Cover is a reversible MARPAT cover that will be changed with uniform being worn



# THREE SEASON SLEEPING SYSTEM

- Comes in two sizes
- One for 6ft and under and one for over 6ft
- Weighs 2.4 pounds
- Can protect down to 10 degrees when used with 5 layer sleeping strategy



# THE 5 LAYER SLEEPING STRATEGY

#### DRESS RIGHT FOR BEST SLEEP (6 HOUR SLEEP ESTIMATE) SEPARATELY ISSUED **SWATCH** TEMP RANGE WHAT TO WEAR 40°+ 40-LEVEL 1: 30 -INDIVIDUAL T-shirt and shorts ISSUE 20 -FACILITY 10-0-MAT (USE IN ALL WEATHER CONDITIONS) LAYER 2 40° 40-LEVEL 2: Add Layer 2, silkweight top and INDIVIDUAL 30-**30°** ISSUE 20-FACILITY bottom, socks and 10microfleece cap 0-FROG SILKWEIGHT UNDERWEAR, SOCKS AND MICROFLEECE CAP LAYER 3 °F 35° LEVEL 3: INDIVIDUAL 30 Add Layer 3, ISSUE midweight top and 20 FACILITY 20° bottom and glove 10liners, over Level 2 FROG MIDWEIGHT UNDERWEAR AND **GLOVE LINERS OF EXTREME COLD** LAYER 4 °F INDIVIDUAL ISSUE 40 FACILITY LEVEL 4: 25° 30 PONCHO LINER Add Layer 4, 20 poncho liner and balaclava, to Level 3 10 15° UNIT ISSUE 0 **FACILITY** FROG BALACLAVA LAYER 5 °F 40 LEVEL 5: Add Layer 5, UNIT 30 extreme cold ISSUE 20 weather suit. FACILITY over Level 3 10-10° EXTREME COLD WEATHER SUIT:

ISO Mat – Foam
 padding used to support
 the sleeping system

Compression sack –
 Black sack with limiting straps to tighten down sleeping systems





Sustainment Pouch -Attached to outside of the pack

Hydration Bladder Holds 70 oz. water





Canteen / Canteen
 cover - Canteen cover
 used to carry plastic
 canteen w/ NBC cap

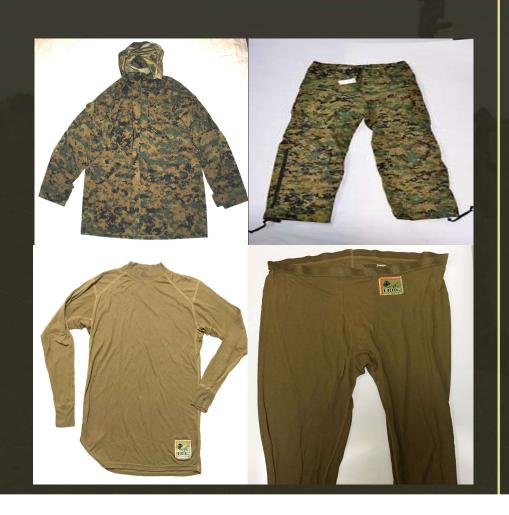


 Repair Kit – utilized to repair the equipment as needed



Gortex top/bottom – MARPAT water proof gear

Poly Pro top/bottom—
 warming layers issued
 and worn under the
 MARPAT uniform



Tan Grid Fleece –
 warming garment to be
 used under MARPAT
 blouse

 Cap Fleece – warming garment to be used to cover head during cold hours





- Water Proofing Bag Improved water proof storage bags
- 2 point Vickers sling patrol sling.
  - Secures sling to body during most activities





 Vickers sling – tactical used for patrolling and shooting on the range



 ESS glasses/goggles – ballistic eye protection issued to every Marine and Sailor



E-tool w/ carrier –
 Standard folding entrenching tool

Tarp – A waterproof tarp to cover gear



 Poncho liner – lightweight blanket that will supplement sleeping system



 Magazine Pouches – MOLLE adaptable pouches to store magazines



Gloves – Issued to all Marines/Sailors to protect hands





# CARE AND MAINTENANCE

Scrape off dirt and dust with scrub brush



Hose off item or wash in a pail

 No bleach, yellow soap, cleaning fluids/solvents



# CARE AND MAINTENANCE

 DO NOT LAUNDER OR DRY ITEM IN HOME OR COMMERCIAL WASHERS AND DRYERS





 Shelter Site Selection – when in a survival situation and realize that shelter is a high priority start looking for shelter as soon as possible

Must contain material to make the type of shelter you need

It must be large enough and level enough for you to lie down comfortably

- Tactical considerations for shelters:
  - Concealment from enemy observation

- Camouflaged escape routes
- Suitable for signaling friendlies

Protection against wild animals, rocks and dead trees that might fall

Shelter sites to avoid:

Flash flood areas in foothills

Avalanche or rockslide areas in mountainous terrain



Seasonal considerations:

- ➤ Winter months protection from cold and wind, with a source of fuel and water
- ➤ Summer months a reliable source of water that is free of insects

# Acronym for site selection: BLISS

- ▶ B Blend in with the surroundings
- ➤ L Low silhouette
- ▶ I Irregular Shape
- > S Small
- > S Secluded location

#### TARP LEAN-TO:

- ➤ Items needed 1 Tarp, 2 to 3 meters of rope or parachute suspension line, three stakes about 30 centimeters long, and two trees or poles 2 to 3 meters apart.
- Check the wind direction, you want to the wind to your back

- Steps for a lean-to:
  - Cut rope in half and tie to long edge corner grommets

Option: tie drip sticks 2 inches from grommet to divert water off rope

- Tie the ropes waist high on the trees or posts.
- > Spread the tarp and anchor it to the ground, putting sharpened sticks through the grommets into the ground





Tarp tent:

➤ Items needed: 1 tarp, 4 to 5 meter long rope, 6 sharpened sticks about 12 inches long, two trees 2 to 3 meters apart

- To make the tent:
  - Cut the rope in half.
  - ➤ Tie the 2.5-meter rope to the center grommet on each side of the tarp
  - Tie the other ends of these ropes at about knee high to the two trees and stretch it tight





# TWO MAN TENT

 Two man tent – Issued tents are a two man, threeseason, free standing, double wall tent.

Ventilation for use in arid desert and humid conditions to minimize build up of condensation

Rain fly prevents escape of light and provides protection against visual and infrared detection



# TWO MAN TENT

- Rain fly can be used in conjunction with tent or separate as a "hooch"
- Can be set up by one or two people in under 5 minutes









